



What Patients Should Know About Treatment Restorations (Temporaries)

Temporary restorations are more precisely named “treatment restoration”. These interim restorations act as a bandage to allow for proper healing of oral tissues. They also stabilize the bite and reduce tooth sensitivity during treatment. They are usually made of softer dental materials than permanent restorations to allow for easy removal during treatment. Because of their soft characteristics, treat them with extra care. Avoid too hard or sticky foods and chewing gum.

It is just as important to brush and floss your treatment restorations as it is with final restorations, but remove the floss from the side so the restoration is not dislodged.

What should you do if your treatment restoration:

- 1.) Comes loose? If your treatment restoration should come loose, place it in an envelope and bring it to our office as soon as possible. Call first so that we can be ready to fit it back in your mouth.
- 2.) Seems high? If your treatment restoration seems high or touches first when you bite, please call our office for an appointment and we will adjust it for you. Some patients will bite differently when anesthetized than when not. It is not uncommon to need more than one adjustment on a treatment restoration.
- 3.) Causes discomfort? Should you experience discomfort immediately after placement take Tylenol or aspirin every 4 hours with a full glass of water. Discomfort is normal for a short time after treatment restorations are placed. If this doesn't work or if the discomfort lasts longer than a few days, please call our office.
- 4.) Seems too big? This is normal. Because of the soft nature of the dental materials used to make treatment restorations, we compensate by making them slightly bulky for strength. This size will not be duplicated in your final restoration.
- 5.) Seems rough? This is common, since the dental materials used to make the treatment restorations are difficult to shape, polish and fit in the mouth. Small amount of roughness and porosity will not be present in your final restoration which is laboratory fabricated.

The color of treatment restoration:

The treatment restoration may not match your other teeth perfectly since materials used for temporary restorations come in limited colors. We do our best to match your teeth as closely as possible with the materials available to us. The time you will have to wear your treatment restoration depends on the difficulty of your case: usually 21 days are needed for small cases and more time for larger cases.

We want to make your treatment as comfortable as possible.

If you have any other questions please call our office.

On behalf of Dr. Johnson and the staff at

Allen Creek Dental

“We are here to help”