



Post Oral Sedation Instructions

Values and Responsibility:

1. Medications are in your system for 24 hours. **DO NOT DRIVE**, operate machinery or make important decisions for 18-24 hours. Your memory will be compromised during this recovery time. *This is normal and temporary.* Drink a lot of fluids but refrain from alcohol for 24 hours.
2. You can eat right away. A meal, however, may re-sedate you. You may feel somewhat re-sedated in any case, a few hours later. *This is normal.* Rest at home in the accompaniment of a responsible adult for the remainder of the day. Restart regular medications and take pain prescriptions as directed.
3. Your face and tongue may still be numb. Avoid burns by consuming moderately warmed food and beverages. Parents; observe your children carefully for signs of lip, tongue or cheek biting.
4. We will call to see how you're feeling and answer your questions tomorrow but if you or your family may have any concerns in the meantime, please call the on-call provider at (541) 476-2200 and choose option 9 or go to hospital emergency.

We want to make your treatment as comfortable as possible.

If you have any other questions please feel free to ask.

On behalf of Dr. Johnson and the staff at
Allen Creek Dental

“We are here to help”